



HAMPTA PASS *Trek*



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ABOUT HAMPTA PASS TREK

The Hampta Pass trek is a renowned trekking route located in the Himalayan region of Himachal Pradesh.

It has a lot of variation in the trails which makes this trekking expedition exciting. The trek offers diverse landscapes, from lush green valleys of Kullu and Manali to the arid desert-like landscapes of Lahaul.





SHORT ITINERARY



DAY 1

Drive from Manali to Jobra, Trek to Chika



DAY 2

Trek from Chika to Balu Ka Gera



DAY 3

Trek over Hampta Pass to Shea Goru



DAY 4

Trek from Shea Goru to Chatru, Drive to Chandratal Lake and Back to Manali



DETAILED ITINERARY



DAY 1- MANALI TO JOBRA, TREK TO CHIKA

- Altitude: Manali (2,050 meters) to Jobra (2,500 meters), then Chika (3,200 meters)
- Distance: Drive from Manali to Jobra (approximately 2 hours), trek from Jobra to Chika (2-3 hours)
- Activities: Drive from Manali to Jobra. Start trekking from Jobra through lush forests and alongside the Hampta River to reach Chika.
- Overnight: Camp at Chika

DAY 2



TREK FROM CHIKA TO BALU KA GERA

- Altitude: 3,200 meters to 3,600 meters
- Distance: 5-6 km trek
- Activities: Trek through scenic landscapes, crossing small streams and valleys, to reach Balu Ka Gera, a vast plain surrounded by mountains.
- Overnight: Camp at Balu Ka Gera

DAY 3



TREK OVER HAMPTA PASS TO SHEA GORU

- Altitude: 3,600 meters to 4,270 meters (Hampta Pass), then descend to 3,600 meters (Shea Goru)
- Distance: 10-12 km trek
- Activities: Early morning trek to Hampta Pass, offering stunning views of the Lahaul Valley and surrounding peaks. Descend carefully to Shea Goru.
- Overnight: Camp at Shea Goru

DAY 4



TREK FROM SHEA GORU TO CHATRU, DRIVE TO CHANDRATAL LAKE AND BACK TO MANALI

- Altitude: 3,600 meters to 3,000 meters (Chatru)
- Distance: 7-8 km trek, followed by a drive
- Activities: Trek to Chatru through scenic landscapes and alongside the Chandra River. Drive to Chandratal Lake for a visit (if included in the itinerary) and return to Manali via Rohtang Pass.
- Overnight: Reach Manali by evening



TREK COST INCLUSIONS

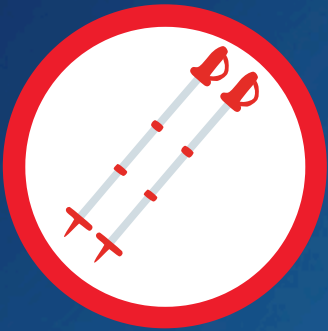
- ✓ Accommodation (as per the itinerary):
 - Guest house (Triple sharing).
 - Camping (Twin sharing basis).
- ✓ Meals (Veg + Egg):
 - Day 1 Dinner to Day 7 packed lunch as per the itinerary.
- ✓ Support :
 - 1 Versatile base camp manager handles communication and deploys extra manpower in emergencies.
 - 1 Mountaineering & First aid qualified professional trek Leader.
 - 1 Experienced high altitude chef.
 - Local experienced guides (Number of guides depending on the group size).
 - Enough support staff.
- ✓ Trek equipment:
 - Sleeping bag, Sleeping liners (if required), Mattress, Utensils.
 - 3 men all season trekker tent (twin sharing), Kitchen & Dining tent, Toilet tent.
 - Camping stool, Walkie talkie.
 - Ropes, Helmet, Ice axe, Harness, Gaiters & Crampon (if required).
- ✓ First aid:
 - Medical kit, Stretcher, Oxygen cylinder, Blood pressure monitor, Oximeter, Stethoscope.
- ✓ Mules/porters to carry the central luggage.
- ✓ Clock room facility available at the base camp for additional luggage.
- ✓ All necessary permits and entry fees, Upto the amount charged for Indian.
- ✓ Services from Aru to Aru.



TREK COST EXCLUSIONS

- ✘ Transportation (as per the itinerary):
 - Transport from Srinagar to Aru & return : NON AC.
- ✘ Insurance (Mandatory).
- ✘ Food during the transit.
- ✘ Any kind of personal expenses.
- ✘ Mule or porter to carry personal luggage.
- ✘ Emergency evacuation, hospitalization charge or etc.
- ✘ Anything not specifically mentioned under the head Inclusion.
Hotel stay in Srinagar.

RENTALS GEARS



Trekking Stick
₹ 250



Ponchu
₹ 200



Jacket
₹ 500



Trekking Shoes
₹ 500



Head Torch
₹ 200



COSTING

Hampta pass trek

₹ 7999/-

Dehradun to Dehradun (5D - 4N)

PAYMENT DETAILS

Account Holder	VRIJMOHAN SINGH
Account Type	Savings Account
Account Number	33234028992
IFSC	SBIN0005451
Bank	STATE BANK OF INDIA MORI.





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HAMPTA PASS TREK MAP





WHY TREK GO INDIA

Welcome to Trek Go India your gateway to adventure in the breathtaking landscapes of Uttarakhand.

At Trek Go India, we are passionate about sharing the wonders of this pristine region with the world. Founded by a team of avid travelers and outdoor enthusiasts, Trek Go India is more than just a tour company; it's a community of adventurers united by a love for exploration and a deep respect for nature.

With years of experience in organizing treks, expeditions, and outdoor adventures, we are committed to providing unforgettable experiences while promoting sustainable tourism practices and preserving the natural beauty of Uttarakhand.

 Hygienic Food on Trek

 Environmental

 Comfortable Stay

 Alues - Small Groups

 Scheduled Departure

 Sustainable Tourism



CANCELLATION POLICY

Cancellations prior to 25 days from the start of the Trip

Refund options

- 5% deduction of trek fee
- 100% cash voucher for any trip till one year
- Transfer your trek (any trek, any date) to your friend

Cancellation between 24 days and 15 days to the start of the Trip

Refund options

- 30% deduction of trek fee
- 100% cash voucher for same trip till one year
- 85% cash voucher for any trip till one year
- Transfer your trek (same trek, any date) to your friend

Cancellation between 14 days and 10 days to the start of the Trip

Refund options

- 50% deduction of trek fee
- 80% cash voucher for same trip till one year
- 70% cash voucher for any trip till one year
- Book the same trek, in the same season, with any other batch
- Transfer your trek (same trek, any date) to your friend

Cancellation less than 9 days to the start of the trek

Refund options

- No cash refund
- 20% cash voucher for the same trip till one year
- 10% cash voucher for any trip till one year
- Transfer your trek (same trek, same date) to your friend